🏈Football season, holiday gatherings, and a little something delicious to get us started.🎁📝
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Hi ,

Well, football season is officially here, and for me, that means one thing—the holidays are right around the corner!

Yes, I'm already thinking about Thanksgiving menus and holiday gatherings. But I've learned that entertaining doesn't have to mean spending the entire day in the kitchen. Sometimes the simplest dishes are the ones everyone enjoys most.

Something Delicious: Cauliflower Wing Bites

Speaking of football season, here's a favorite from our Friday Night Happy Hours that's perfect for game day or your holiday appetizer table!

These Cauliflower Wing Bites are crunchy on the outside, tender on the inside, and delicious with your favorite hot sauce and a creamy plant-based dressing.

🤌**Grab the recipe here**.



Kitchen Tip: Brighten Up Your Dips and Spreads

Ever make a dip that tastes a little flat, even after you've added your favorite seasonings? Before reaching for more salt, try a squeeze of lemon juice or a splash of vinegar. A little acidity can brighten flavors and bring everything together—especially in creamy, plant-based dips and spreads.

Speaking of Holiday Appetizers...

My friend and fellow plant-based cooking instructor Linda Tyler and I are hosting a **FREE live Zoom class on Sunday, November 8:**

Purely Plant-Based Cheese: Cheeses for Every Holiday Occasion



We'll demonstrate three delicious plant-based cheeses—Cream Cheese, Feta, and Pepper Jack—plus three festive ways to serve them. We'll also show you how to create a beautiful holiday cheese board!

You'll receive our new **20+ page Build a Plant-Based Cheese Board Guide**, too.

Click here to register!

Live attendance is limited to 100 participants, first come, first served. All registrants will receive the replay.

And to celebrate, our *Purely Plant-Based Cheese* paperback is available for a limited time for just **$11.99 (20% off)**. **Purchase** on Amazon.

We'd love to help you make something special for your holiday table.

Until next time!

Donna
PLANTifull Fare

P.S. If you enjoyed this newsletter, I'd love for you to pass this along to friends and family so they can subscribe too! Feel free to direct them to my home page, join page, Instagram profile or any individual blog post. Your support means the world to me!

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Ready for More?

My goal is to inspire **you** to embrace a plant-fueled lifestyle for a healthier, more vibrant life.
Tell me which classes interest you, explore a few helpful freebies or add a flavor boost with my favorite kitchen ingredient: California Balsamic vinegars.

📋 Cooking Class Interest
Tell me what classes you'd like to see

🥗 **Free Salad Dressing Recipes**
Oil- & dairy-free inspiration

🍇 **Shop My Favorite California Balsamics**
Add rich, tangy flavor to salads, roasted veggies, and desserts

PLANTifull Fare, LLC

4002 Emory Peak Pass, Austin, Texas

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